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Terms & Conditions

(To be read in conjunction with our Privacy Policy)

Introduction

These Terms & Conditions govern the use of the A6 Physiotherapy website and any services provided through it. By using this website, you agree to these Terms & Conditions. If you do not agree, please do not use this website.

This website is intended for users aged 18 years and over.

1. Website Use

A6 Physiotherapy may update, change, or remove website content or services at any time without notice.

We aim to keep the website available and up to date but do not guarantee uninterrupted access or error-free content.

2. Intellectual Property

All content on this website, including text, images, videos, graphics, logos, and downloadable materials, is owned by or licensed to A6 Physiotherapy unless otherwise stated.

You may view, download, or print material for personal, non-commercial use only. You must not reproduce, distribute, or use website content for commercial purposes without prior written permission.

3. Health & Medical Disclaimer

The information provided on this website is for general information only and does not replace professional medical advice, assessment, diagnosis, or treatment.

You should always seek advice from a qualified healthcare professional before starting any exercise programme or acting on information contained on this website.

4. Pilates Classes & Online Content

Before attending Pilates classes, whether online or face-to-face, you may be required to complete an initial consultation to identify any relevant medical or musculoskeletal conditions and ensure classes are suitable for you.

By participating in Pilates sessions or using online videos, you confirm that you take part at your own risk, are responsible for exercising within your own physical limits, and will stop exercising if you experience pain, dizziness, discomfort, or illness.

Please ensure you exercise in a safe environment with sufficient space free from hazards and wear suitable clothing and footwear.

A6 Physiotherapy is not responsible for injuries resulting from misuse of exercises, unsafe surroundings, or failure to follow professional advice.

5. Bookings & Payments

Pilates classes and memberships must be booked and paid for in advance.

Class packages, pricing, and availability may change at any time. Full booking details and confirmation will be provided by email following payment.

Payment details are not stored on our website.

6. Cancellations & Refunds

Payments for booked classes or memberships are non-refundable.

Where possible, missed classes may be transferred to another available session within the same booking period, subject to availability and prior agreement.

Online membership access allows users to catch up on missed sessions through available video content.

7. Accounts & Passwords

If you create an account or receive login details, you are responsible for maintaining the confidentiality of your account information.

A6 Physiotherapy reserves the right to suspend or terminate accounts where misuse or breach of these Terms & Conditions is suspected.

8. Limitation of Liability

To the fullest extent permitted by law, A6 Physiotherapy shall not be liable for any loss, injury, damage, interruption, or expense arising from use of this website, reliance on website content, participation in online or face-to-face classes, website unavailability, or technical issues.

Nothing in these Terms excludes liability where it cannot legally be excluded under applicable law.

9. External Links

This website may contain links to third-party websites for convenience only. A6 Physiotherapy does not control or endorse these websites and accepts no responsibility for their content or availability.



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10. Website Security

Users must not misuse this website by knowingly introducing viruses, malicious software, or attempting unauthorised access to systems connected with the website.

Any such activity may be reported to the relevant authorities.

11. Changes to These Terms

A6 Physiotherapy reserves the right to update these Terms & Conditions at any time. Updated versions will be published on this website and take effect immediately upon posting.

12. Contact Information

If you have any questions regarding these Terms & Conditions, please contact:

info@a6physio.co.uk